



# Core LTC Service Evaluation Tools

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# IOM Recommendation 16

- Calls for counties to establish LTC planning processes to build capacity for LTC services
- Local Planning Committee Requirements
  - ◆ Review/analyze service utilization data
  - ◆ Identify barriers to comprehensive system of care
  - ◆ Determine need for additional core LTC services

# DHHS Local Planning Responsibilities

- Develop county data utilization (number of people and expenditures) for publicly funded LTC services
- Provide information on availability and need for core services and the balance of services needed
- Provide technical assistance to counties to assist with LTC planning

**Long-Term Goal** - Work towards having a “balanced” development of core services in counties, and the development of appropriate LTC services

**Major Inference** - Determine the availability and need for core LTC services

# Instructions

Please Follow Along with the Instructions for the Core Service Evaluation Tools which you can find under the “Core LTC Service Evaluation Tools” section at:

<http://www.dhhs.state.nc.us/ltc/localplanning.htm>

# Comprehensive Approach to Core Service Evaluation

- 6 Dimensions (major characteristics, broad LTC service issues, status categories)
  - ◆ **Existence** (are services available?)
  - ◆ **Adequacy** (are services in sufficient supply?)
  - ◆ **Accessibility** (how obtainable...)
  - ◆ **Efficiency/Duplication** (reasonable costs; streamlining options)
  - ◆ **Equity** (how available are services to those in need “without bias”)
  - ◆ **Effectiveness/Quality** (how successful are these services in addressing clients’ needs?)

# Service Rating Scales

- Each dimension is rated on a graduated scale of 1-5 (degree to which the service measures up to the question)
- Ratings provide constructive review to identify strengths and weaknesses of specific services and service dimensions, and assist in priority setting
- Lower numbers mean lower responsiveness, lower capacity, less effectiveness, limited quantity, etc.
- Higher numbers mean higher responsiveness, greater efficiency, higher equitability, better supply, etc.

# Core Service Evaluation - Basic Premises

- **Inform and educate re:**
  - ◆ LTC services;
  - ◆ LTC financing and funded programs;
  - ◆ client information;
  - ◆ information/data on provider networks; etc.
- **Prioritize** service delivery needs and issues, and develop improvement strategies that will streamline services at the local level



# DHHS Challenge

- Develop practical/workable “planning process” where local community makes key decisions on how to use and evaluate what information and data are available from the state
- Design process that is extremely flexible allowing for maximum decision-making at local level

# Examples of local flexibility include:

- ◆ Choosing which services to include in analysis
- ◆ Choosing which service dimensions to consider in planning process and the weight or level of importance given to each dimension
- ◆ Which operational questions to include, along with identifying appropriate measures (most measures based on data)

# Strategic Action Plan

- Analyzing results for specific services;
- Analyzing results of six dimensions; and
- Identifying “improvement strategies”



# Transportation Service - Example

# Existence

(Are these services available to older and disabled adults in your community?)

- Does your community have a public transit system?
- Does your community have specialized transportation services for people with disabilities, such as paratransit or assisted transportation?
- Does your community have transportation programs to help people get to needed public services (such as the Health Department or Social Services?)
- Does your community have transportation services to help people get to out-of-county medical appointments?

# Adequacy

(Are these services in sufficient supply for those who need it?)

- Is there an unmet need for human services transportation or public transportation?
  - ◆ Are there areas in the community that are not served by transportation services?
  - ◆ Do public transit vans and buses have to turn away riders during busy periods of the day?
- To what degree is transportation offered on weekends?
  - ◆ What are the days and hours of weekend transportation services?

# Accessibility

(How obtainable are these services for those most in need?)

- To what degree are additional accommodations available to persons with disabilities when requested?
  - ◆ What special features do transportation services offer to assist persons who are physically disabled, developmentally disabled, sensory impaired, or who have Alzheimer's Disease or other memory disorders?
- To what extent do transportation services offer door-to-door or curb-to-curb services?
  - ◆ What are the policies and procedures for assisting people either from door-to-door or curb-to-curb into the vehicle?
  - ◆ What is the estimated % of people who need door-to-door assistance?

# Efficiency/Duplication

(How reasonable are the costs of services? Are options for streamlining available?)

- To what extent are all the vehicles and providers in the community's transportation system part of a coordinated transportation system?
  - ◆ Is there a lead agency that brokers transportation services or subcontracts with other providers?
- How reasonable is the cost per vehicle mile/hour/trip?
  - ◆ Do all agencies or individuals receiving similar services get charged the same rate? If not, why?
  - ◆ What % of the budget is used for administrative costs? How does this compare to the state average and similar counties?



# Equity

(How available are these services to all that need them without bias?)

- To what extent are the transportation services available to all geographic areas in the community?
  - ◆ List any uncovered areas in the county. Why are these areas uncovered?
  - ◆ How adequate are the transportation system's procedures for determining how and when to open a new route?

# Effectiveness/Quality

(How successful are these services in addressing clients' needs?)

- To what extent do the transportation providers survey riders to determine satisfaction with services, unmet needs, service gaps, etc.?
  - ◆ Have clients been surveyed in the past 5 years? If so, what process was used? What were the major findings?
- To what degree have any identified areas of improvement in transportation plans and reviews been addressed?
  - ◆ Is there an up-to-date Transportation Development Plan, Community Transportation Improvement Plan, or any other reports in place?
  - ◆ What progress has been made in meeting the plans' recommendations?



# **Core LTC Service Evaluation Matrix (Please See Examples)**



# Sample Strategies for Transportation Services

# Existence

- Coordinate with other public and private entities to broker services
- For out-of-county medical trips, purchase seats on vans from neighboring counties traveling to destinations not offered by your county and transport your riders to a transfer point for boarding
- Secure funding from additional grants

# Adequacy

- Ask all agencies that provide or purchase transportation services to maintain a log of unmet service requests, with explanation.
- Partner with volunteer organizations to supplement public transportation options.
- Expand services to private pay riders in order to open new routes, and then include subsidized passengers as funding allows
- Coordinate with local businesses to offer “shop and ride” programs

# Accessibility

- Assure that all vehicles and facilities can accommodate people with disabilities (I.e. wheelchair lifts)
- Advertise/market the accessibility of services and vehicles as a selling point for public transportation
- Provide diverse types of outreach to increase potential riders - in both print and non-print versions and in more than one language

# Efficiency/Duplication

- Explore opportunities for creating regional transportation services
- Coordinate out-of-county trips with neighboring transportation systems going to similar destinations
- Cut costs associated with “no-shows” through public education and special efforts to help people with memory loss, health problems, or other impairments that might affect their ability to ride as scheduled



# Equity

- Develop policies and procedures that treat each service request equitably, especially when limited funding necessitates restrictions (rationing services) on how many rides a person can get under certain funding streams
- Design routes so that all areas of the county have some transportation services

# Effectiveness/Quality

- Review complaint logs for customer service issues that need to be addressed
- Hold focus groups to determine what accommodations are lacking for people with disabilities
- Conduct customer satisfaction surveys that probe for whether people receive the assistance they need to use transportation services
- Ensure that periodic planning incorporates input from riders